

Mike Cresswell

2nd Dan Shodokan Aikido Federation, Shodokan Aikido UK

British Aikido Board Coach Level 1

Training Background

1999-2004 Sheffield University Aikido Club under Scott Allbright sensei, 6th Dan

Teaching Experience

2002-2003 Team captain and assistant instructor at Sheffield University Aikido Club

2016-present Instructor at Shodokan Cambridge Aikido Club

2018-present National Squad Coach, Shodokan Aikido UK

Competition History

2002 Finalist, British University Championships

2001-2003 Shodokan UK National Squad (Men's 1st Team, 2003 World Championships)

2017-present Shodokan UK National Squad (Men's 1st Team, 2017 World Championships)

Related Experience

2002-2004 Pencak Silat – Система

2005-2008 Boxing – Muay Thai – Wrestling – Mixed Martial Arts

2017-present Judo