



SHODOKAN AIKIDO
CAMBRIDGE

CODE OF CONDUCT

Shodokan Aikido Cambridge is fully committed to safeguarding and promoting the well-being of its members. All those involved in the activities of the club are therefore required to adhere to the standards of behaviour set out in this Code of Conduct.

Our commitment

Shodokan Aikido Cambridge respects the rights, dignity and worth of every person involved in its activities. The club is committed to the practice and enjoyment of Aikido in an environment that is free from discrimination, intimidation, harassment or abuse. It is the responsibility of all members to challenge discriminatory behaviour and to promote equality.

Affiliation

Shodokan Aikido Cambridge is affiliated to the British Aikido Board (BAB), recognised by Sport England as the governing body for Aikido in the United Kingdom. The club is also affiliated to Shodokan Aikido UK (SAUK) and the Shodokan Aikido Federation (SAF), the national and international associations responsible for promoting the practice of Shodokan Aikido, respectively.

Standards of Behaviour

Members of Shodokan Aikido Cambridge are solely responsible for their own conduct when participating in the club's activities or representing the club, for example, in competition. Members must therefore:



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- Respect the rights, dignity and values of others;
- Practice safely and within the rules of the sport of Aikido;
- Treat facilities, staff and students of the University of Cambridge and other institutions with respect and abide by any applicable rules;
- Be aware of how their actions may be perceived by others;
- Maintain the highest standards of personal behaviour at all times;
- Conduct themselves in a reasonable manner, refrain from using offensive language and maintaining an even temperament;
- Refrain from any behaviour that may be considered as bullying, harassment or discrimination. Harassment or discrimination on the basis of ethnicity, gender or gender identity, sexual orientation, disability, age, religion or any other status will not be tolerated;
- Not condone or leave unchallenged any form of bullying, harassment or discrimination witnessed;
- Respect the decisions of coaches and other officials and make any complaints through the official channels;
- Avoid the use of illegal drugs or other banned substances;
- Obey the law, and;
- Understand and accept the repercussions of any breach of this Code of Conduct.

Health and Safety

Shodokan Aikido Cambridge is committed to encouraging all members to participate in Aikido to the best of their ability, but the health, safety and well-being of the club's members should always be the first priority.

- To support the club in this effort, all members are expected to:
- Take reasonable care for their own health and safety and that of others;
- Obey the instructions of club instructors;



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- Refrain from mis-use of club equipment, and;
- Ensure that they keep their emergency contact details up to date and notify the instructor(s) of any relevant medical conditions.

Please see the club's Safety Policy for more information.

Anti-Doping

Members and instructors must adhere to the requirements of the World Anti-Doping Agency (WADA) code: <https://www.wada-ama.org/en/what-we-do/the-code>

Club members participating in competition, particularly at national level or international level, may be subject to random drug testing. Any member found to be in possession of prohibited performance-enhancing substances, or to have them in their system when tested, will be subject to a disciplinary process that may include permanent exclusion from the club and its activities.

Media, including Websites and Social Media

Shodokan Aikido Cambridge wishes to promote the club, and the sport and practice of Aikido, throughout Cambridge, including the University, and beyond. Media, including social media, are an important means of promotion, recruiting new members and keeping in touch with existing members. It is the responsibility of all members to manage their media presence responsibly. Accordingly, club members are expected to:

- Refrain from publishing or posting derogatory or critical comments regarding other clubs or their members, or other styles of Aikido;



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- Avoid hostile dialogue, harassment or 'trolling' in online communications;
- Properly cite or acknowledge the intellectual property of others and observe copyright where relevant, and;
- Review responses to posts and approve before publication.

Social Events

Social events are an important part of the club's activities. Shodokan Aikido Cambridge is committed to ensuring that all members may participate fully in the club's activities, including social events, in an environment that is free from discrimination and intimidation. Social events should therefore be inclusive, and all members should be made to feel welcome.

Members should be aware that:

- Participation in social events is wholly optional;
- Non-participation in social events shall incur no penalty, reprisal or discrimination, and;
- 'Hazing' is strictly forbidden.

Welfare

Shodokan Aikido Cambridge takes the welfare of its member seriously. Any member who has concerns about their own welfare or that of others should report their concern to the Club's Welfare Officer. Alternatively, they may e-mail the Welfare Officer of the national association, Shodokan Aikido UK (SAUK), at cpo@shodokan.org.uk.



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Breaches of the Code of Conduct

Serious breaches of the code - including bringing Shodokan Aikido Cambridge into disrepute or harming the interests of its members - may result in temporary or permanent expulsion from the club. The decision of the head coach in such matters is final and there is no right to appeal.